

Action Research: Impact of a Next Generation Leader Program

In a fast-moving, complex world, this action research shows that true inner transformation in leadership drives powerful, measurable impacts across individuals, teams, and entire organisations.



The best I've ever done. A happier, more powerful version of myself.

The Program – 9 Months of Human-Centric Transformation

- 75 leaders from a top Swedish industrial company
- Grounded in research: psychology, complexity, systemic change
- Structure:
 - 8 facilitated full-day sessions over 9 months
 - Pre-recorded science-based modules
 - Peer coaching triads + individual coaching
 - Integration into real-world leadership



The depth and complexity of this program have unlocked a new life for me, and a new leadership clarity and power.

Measured Impacts – Leader to Organisational Level

- 100% increased self-awareness
- 94% report higher life satisfaction
- 98% improved ability to shape organisational coherence
- 80% increased output in their teams
- 80% improved engagement & collaboration
- 90% report better cross-functional collaboration
- 20% saw 100%+ improvement in collaboration across functions



**This program transformed me from the inside out.
Tripled my team's output.**

Our Invitation

Let's bring this transformation into your leadership, and organisation.

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Read the paper here: intothewnew.online/en/actionresearch