

A Leader's Voice

Changing Relational Dynamics Through Listening with an Open Will

Karin Hamrin & Niklas Lindhardt interviewing a technical team manager

The intention of this paper is to share the voice of A.G.: A manager in a global R&D organisation, leading a group of 27 people, consisting of 4 product development teams, developing SW for the automotive industry.

To share her way of applying program insights from 4 Levels of Listening and heal relational dynamics in doing so. She is called A or A.G. in this paper.

Enjoy your read.

/Karin & Niklas

Interview

Hi A! We are curious about a thing you mentioned, about how a relational dynamic really shifted when you started to listen with an open will. Please share

I think I shared with you that there is one person in my work-life with whom I have had a slightly challenging relation. When we met one to one, we simply didn't have that chemistry.

So I said to myself "This time I'm just going to listen with an open will*, letting go of my preconceptions and goal for the conversation, opening my heart and my will, and just see where this dialogue takes us".

What a beautiful intention. What did you experience happened?

I felt that he really felt understood. And since then our relationship has really changed. He was always so defensive. I think he felt I was judging and labelling him, which I was. And now we have come to a much calmer and more open interaction.

Wow. That is a powerful story about what an open heart and will can do for a relation. Anything else, A?

Yes, I actually see the same positive change in other relationships I have as well. Many positive shifts. It is amazing!

Thank you for sharing, A!

* Listening with an open will is the fourth stage of listening in the [Presencing Institute's](#) model for listening. Check out our awareness module [4 levels of listening](#) for an introduction.

In "A Leader's Voice" we want to share what has manifested from insights and experiences in attending our 9-month program "Holistic, Human Centric Leadership for the Emerging Future of Organisation". A program weaving a range of modern scientific fields into a coherent whole, holding the intention of expanding human consciousness, to sustainably lead our organisations towards co-creation of a better world.

We hope that sharing A Leader's Voice will contribute to spread co-creational and developmental practices around the globe. Deepening the human connection, true listening and compassion towards self, others and our planet. To open up for the co-creation of a better tomorrow.